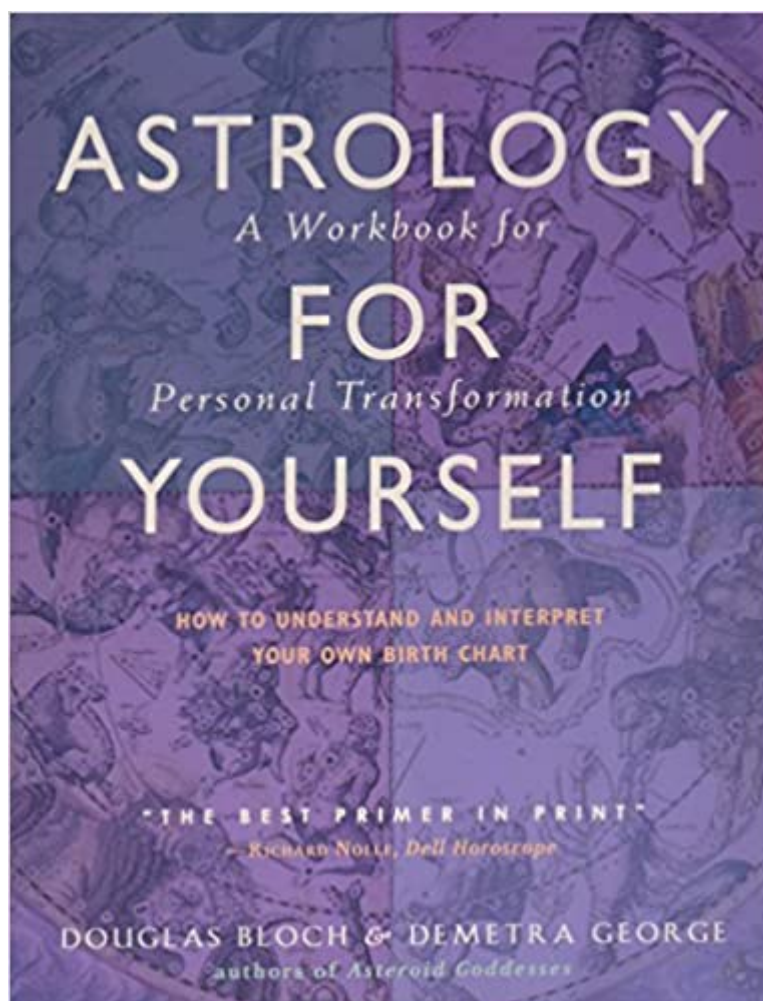


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# Astrology For Yourself: How To Understand And Interpret Your Own Birth Chart



## Synopsis

Astrology for Yourself

## Book Information

Paperback: 280 pages

Publisher: Ibis Press; Workbook edition (March 20, 2006)

Language: English

ISBN-10: 0892541229

ISBN-13: 978-0892541225

Product Dimensions: 0.5 x 8.5 x 10.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 92 customer reviews

Best Sellers Rank: #36,420 in Books (See Top 100 in Books) #26 in [Books > Religion & Spirituality > New Age & Spirituality > Astrology](#) #276 in [Books > Religion & Spirituality > Occult & Paranormal](#)

## Customer Reviews

Demetra George is a professor at Kepler College where she teaches the history of astrology in ancient and medieval civilizations as well as the techniques of Hellenistic astrology. Douglas Bloch's recent publication, *Healing from Depression: 12 Weeks to a Better Mood*, has been acclaimed as "a lifeline to healing." He facilitates ongoing support groups for people who suffer from depression and anxiety.

Love this book! Simple to use. Each step is broken down to help you clearly interpret your natal chart. If your looking for a deeper understanding of who you are according to your astrology chart, this is a great way to look at it. Each stop looks at "skillful" and "unskillful" keywords (traits), which I found handy to pin point things I could improve on. As a life coach, I see this as a powerful tool for clients who are looking to do some soul searching. As a beginning astrologer, I found it simple to understand and use. It helped me pick up things that I wanted to investigate further and with the book recommendations included, I have been able to do just that.

Fantastic workbook that I used for an Introduction to Astrology Class. Very clear, easy to follow and understand. Slowly takes you through your chart with great exercises, charts, keywords for houses, signs and planets, and thorough explanations. Even goes into the nodes, asteroids, retrogrades and

transits. I wish I had a book like this when I was trying to grasp these concepts back in the 70s!

This is a great book to learn about yourself and interpret your natal chart. I wish I had this book 3 years ago when I started my study in Astrology. You will not be disappointed, especially if you are relatively new to the subject.

Are you an extreme novice to astrology, thinking you are only your zodiac sign, well this is the book for you. I knew a little of astrology, mainly the rising sign at my birth and that would influence my personality, 12 houses, but I have learned so much more. I now understand why I can't be what I would like and that's mainly, things about other people's personality that I wish I had. It has made me understand who I am and why. So I have learned to embrace it and use those strengths to my advantage. It is the most simplest of astrology books to date that I have found. And I have bought quite a few to my disappointment with the whole subject. I can't remember where I found this book recommendation, could have been in the Infinite Quest web site, but it truly is an amazing and easy way to learn about astrology and what it all means. I am now interpreting my husband's chart after finding out that we are compatible, even though I knew this after 30 years of marriage, but I found out why. After my husband I am going to do my children then hopefully combine this with reading of the tarots to get a more rounded picture and a daily reading. I can wholeheartedly recommend this book to a beginner, it does it step by step, it gives you tasks to do so you understand what you are looking for and what it means, and you can always go back and use it as a reference point. So it is a tool to learn, to work, to enjoy and marvel at all that astrology has to offer.

I LOVE THIS WORKBOOK!!! It is so easy to understand. It's as described. It's perfect in every way. Library staple for anyone spiritual.

Good beginners book.

Okay, I haven't finished this book yet, but I must say, it's really great. As an Aries Horse (Chinese Zodiac), I tend to rush ahead with projects and I always want to learn way ahead of what should be learned at the moment, and end up confusing myself LOL. I realize that this book, being a workbook, has really helped me slow down and pace. I'm grateful for this because I think it's really fun and I've come up with ways that I can memorize things better so I can read and interpret things for myself and my friends. So far I really think this deserves a 5 star! So I'll keep this book at 5 and if

something changes my mind, I'll be back! Beginners, this is great! And if you have an ADD problem, or slight concentration problems, this is still a wonderful book!

Very good book

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